

HANY ELRASHIDY, MD

PROFESSIONAL EXPERIENCE

CURRENT EMPLOYER

TRI-VALLEY ORTHOPEDIC SPECIALISTS

May 2014 – Present

4626 Willow Road
Pleasanton, CA 94588

5601 Norris Canyon Road, #130
San Ramon, CA 94583

2180 Grant Line Rd.
Tracy, CA 95377

PRIOR EMPLOYMENT

Dec 2012 – Jan 2014

NORTHWESTERN MEDICAL FACULTY FOUNDATION - Chicago, IL

Department of Orthopedic Surgery – Sports Medicine

Faculty – Northwestern University Feinberg School of Medicine

- Led establishment of Northwestern Orthopedics at two office/hospital locations. Key accomplishments:
 - Implemented efficient patient flow processes in collaboration with cross-functional team
 - Incorporated DME components of practice
 - Designed and implemented physical therapy guidelines and protocols
 - Grew production and assisted with billing and charge optimization
- Several academic endeavors including resident teaching, publications, grand rounds and community education
- Taught novel and innovative techniques in Sports Medicine and Arthroscopy with a focus on ligament reconstruction, cartilage transplant and regeneration, complex shoulder arthroscopy and reconstruction

Hospital Affiliations

- Northwestern Lake Forest Hospital
- Northwestern Memorial Hospital
- Northwestern Grayslake Surgical Center

Memberships & Leadership Positions

- Arthroscopy Association of North America (AANA)
 - Associate Master Instructor: 2011 - Present
 - Fundamentals of Arthroscopy Resident Course
 - Masters Shoulder Course
- American Orthopedic Society For Sports Medicine (AOSSM)
 - Committee Member: STOP Sports Injury Education Committee – 2013 - Present
- American Academy of Orthopedic Surgeons (AAOS)
- Lake County Orthopedic Musculoskeletal Society (LCOMS)
 - Board Member
- Peer Reviewer
 - Physician and Sports Medicine
 - inPractice Medicine

GREENLEAF ORTHOPEDIC ASSOCIATES, Libertyville, IL

Sept 2011 – Nov 2012

Hospital Affiliations

- Advocate Condell Medical Center
- Hawthorne Surgical Center

EDUCATION & TRAINING

Board Status: Part 1 - Passed, Part 2 - Board Eligible

**FELLOWSHIP: San Diego Knee and Sports Medicine – Kaiser Permanente
Sports Medicine, Arthroscopy, Shoulder Reconstruction**

San Diego, CA Aug 2010 - Jul 2011

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Fellowship Director: Donald Fithian and Edmond Young, MD

RESIDENCY: Northwestern University – McGaw Medical Center Chicago, IL Sept 2006 - Jul 2010
Orthopedic Surgery

- Resident Director – Northwestern Arthroscopy and Surgical Simulation Lab

INTERSHIP: General Surgery, Northwestern University – McGaw Medical Center Chicago, IL Sept 2005 - Aug 2006

MEDICAL SCHOOL: Rush University Medical Center Chicago, IL Sept 2001 – Aug 2005

- Doctor of Medicine
- USMLE Step 1: 247, USMLE Step 2: 250
- Alpha Omega Alpha (AOA)

Clinical Honors – General Surgery, Internal Medicine, Family Medicine, Surgical Selectives (Orthopedics, Plastics), Orthopedics – Sports Medicine (Columbia), Orthopedics – Adult Reconstruction (Rush University), Orthopedics- Adult Reconstruction (Northwestern)

Clinical High Pass – Pediatrics, Ob/Gyn, Psychiatry

Preclinical Honors – Pathology, Pathophysiology, Pharmacology, Immunology

UNDERGRADUATE: University of Illinois at Urbana-Champaign Champaign, IL Sept 1997 – Aug 2001

- Bachelor of Science Degree in Biology - May 2001
- Overall GPA: 3.7 Science GPA: 3.74
- James Scholar Honors Program + Illinois State Scholar
- Alpha Epsilon Delta Pre-Medical Honor Society

RESEARCH EXPERIENCE

PUBLICATIONS

RESEARCH/ARTICLES

- El-Rashidy H, Navarro R, Fithian D. Evolving treatment of patellofemoral instability. A review of the American Board of Orthopedic Surgery Database. Abstract accepted. AAOS 2015
- El-Rashidy H, Villacis D, Kelikian A. Fresh osteochondral allograft for the treatment of cartilage defects of the talus. *J Bone Joint Surg Am.* 2011; 9: 1634-1640
- Anastasiadis AG, Benson MC, El-Rashidy H, et al. Cavernous nerve graft reconstruction during radical prostatectomy or radical cystectomy: safe and technically feasible. *Prostate cancer and prostatic diseases* 2003; 6: 56-60

CHAPTERS

- Carney J, **Elrashidy H**, Fithian DF. Medial patellofemoral ligament reconstruction. In *Operative Techniques in Orthopedic Surgery*, 2nd edition, 2014. Lippincott Williams & Wilkins.
- **Elrashidy H** & Saltzman M (2013). Rheumatoid arthritis and surgery. In *inPractice Rheumatology*. Tampa, FL:Elsevier
- Pocket Orthopedic Surgery – Currently in production. Chapters include:
 - a) Shoulder Instability
 - b) Proximal and Distal Biceps Injury
 - c) Elbow Bursitis and Tendonitis
- **El-Rashidy H**, Vora A. Chapter 194: Lisfranc Fracture-Dislocations. Miller: Essential Orthopedics. Elsevier. In press

LECTURES

- Updates in the Treatment of Cartilage Injury - **St Mary and Elizabeth Medical Center Grand Rounds** – 2013 (CME)
- Diagnosis and Treatment of Patellofemoral Instability – **Athletico** - 2013

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- Innovations in ACL reconstruction – **St Mary and Elizabeth Medical Center Grand Rounds** – 2013 (CME)
- Cartilage Injuries – Updates + Innovations in Treatment – **Lake County Orthopedic MSK Society** – 2012 (CME)
- Shoulder Injuries in the Throwing Athlete – **Trinity Community College** - Deerfield, IL - 2012
- Shoulder Pain – From Diagnosis to Treatment – **Athletico** - Grayslake, IL - 2012
- ACL Injury – Updates from the Literature – **Accelerated** – Libertyville, IL– 2012
- Knee Injury in the Workplace – **Work Comp Seminar** – Oak Brook, IL – 2012
- Shoulder Pain: What Every Patient Should Know – **Advocate Condell** – Libertyville, IL - 2012
- Shoulder Arthritis: Treatment Options – **Advocate Condell** – Libertyville, IL - 2012

TEAM COVERAGE

- Dublin High School 2014 - present
- Regina-Dominican High School – Wilmette, IL 2013 - present
- Zion-Benton Township – Zion, IL 2012 - present
- Grant High School – Round Lake, IL 2011 - 2012
- Libertyville High School – Libertyville, IL 2011 - 2012
- Southwestern College – San Diego, CA 2011
- Castle Park High School – Chula Vista, CA 2011
- Chicago Blackhawks – Physicals and scrimmage coverage 2010
- Chicago Public School System – Physicals and football coverage 2006 - 2010

MEETINGS/COURSES

- Arthrex HTO, Unicodylar Knee ,Total Shoulder Replacement, Hip Arthroscopy - Chicago 2012
- Zimmer /Tornier Total and Reverse Shoulder Course - San Francisco/Dallas 2012
- Depuy-Mitek Fellows Arthroscopy Course – Boston 2011
- Esch Shoulder Course – San Diego 2011
- Tornier Fellow’s Total Shoulder course – Texas 2011
- San Diego Cartilage Course – San Diego 2010
- Stryker MIPO Course (Trauma) Ft Lauderdale, Florida - 2010
- Biomet Shoulder Course (TSA, Reverse Shoulder Arthroplasty, Trauma) – Henderson, NV 2010
- Stryker Shoulder Course – New Jersey 2009
- Surgical Approaches for Internal Fixation – Seattle, Washington 2009
- AANA Arthroscopy Course, Rosemont, Illinois 2008
- Ninth Annual Chicago Trauma Symposium, Chicago, Illinois 2008
- Eighth Annual Chicago Trauma Symposium, Chicago, Illinois 2007

HOBBIES/OUTSIDE INTERESTS

- Working Out, Running, Reading, Boxing, Chicago Bears and Fantasy Football
- Traveling, Conversationally fluent in Spanish and Arabic