

HANY ELRASHIDY, MD

helrashidy@websterorthopedics.com

PROFESSIONAL EXPERIENCE

Orthopedic Surgeon, Sports Medicine

WEBSTER ORTHOPEDICS – Oakland, San Ramon and Dublin
Arthroscopy, Sports Medicine, Cartilage Restoration
Shoulder, Elbow and Knee Surgery

Hospital Affiliations

- Stanford ValleyCare Medical Center – Pleasanton, CA
- San Ramon Regional Medical Center – San Ramon, CA
- Fremont Surgery Center – Fremont, CA
- Webster Outpatient Surgery Center – San Ramon, CA
- Norcal Orthopedic Surgery Center – San Ramon, CA

NORTHWESTERN MEDICAL FACULTY FOUNDATION - Chicago, IL **Department of Orthopedic Surgery**

Faculty – Northwestern University Feinberg School of Medicine

- Led establishment of Northwestern Orthopedics at two new office/hospital locations.
- Several academic endeavors including resident teaching, publications, grand rounds and community education
- Taught novel, innovative techniques in Sports Medicine and Arthroscopy
 - Ligament reconstruction, cartilage transplant/regeneration, complex shoulder arthroscopy and reconstruction

Memberships & Leadership Positions

- Medical Director – Sports Performance Institute – San Ramon, CA
- Arthroscopy Association of North America (AANA)
 - Associate Master Instructor: 2011 - Present
 - Fundamentals of Arthroscopy Resident Course
 - Masters Shoulder Course
- American Orthopedic Society For Sports Medicine (AOSSM)
 - Committee Member: STOP Sports Injury Education Committee – 2013 - Present
- American Academy of Orthopedic Surgeons (AAOS) - Fellow
- Peer Reviewer
 - Physician and Sports Medicine
 - Orthopedics

EDUCATION & TRAINING

Board Status: Board Certified

FELLOWSHIP: San Diego Knee and Sports Medicine – Kaiser Permanente

San Diego, CA Aug 2010 - Jul 2011

Sports Medicine, Arthroscopy, Shoulder Reconstruction

Fellowship Director: Donald Fithian and Edmond Young, MD

RESIDENCY: Northwestern University – McGaw Medical Center

Chicago, IL Sept 2006 - Jul 2010

Orthopedic Surgery

- Resident Director – Northwestern Arthroscopy and Surgical Simulation Lab

Chicago, IL Sept 2005 - Aug 2006

INTERSHIP: General Surgery, **Northwestern University** – McGaw Medical Center

MEDICAL SCHOOL: Rush University Medical Center

Chicago, IL Sept 2001 – Aug 2005

- Doctor of Medicine
- USMLE Step 1: 247, USMLE Step 2: 250
- Alpha Omega Alpha (AOA)

Clinical Honors – General Surgery, Internal Medicine, Family Medicine, Surgical Selectives (Orthopedics, Plastics), Orthopedics – Sports Medicine (Columbia), Orthopedics – Adult Reconstruction (Rush University), Orthopedics- Adult Reconstruction (Northwestern)

Clinical High Pass – Pediatrics, Ob/Gyn, Psychiatry

Preclinical Honors – Pathology, Pathophysiology, Pharmacology, Immunology

UNDERGRADUATE: University of Illinois at Urbana-Champaign

Champaign, IL Sept 1997 – Aug 2001

- Bachelor of Science Degree in Biology - May 2001
- Overall GPA: 3.7 Science GPA: 3.74
- James Scholar Honors Program + Illinois State Scholar
- Alpha Epsilon Delta Pre-Medical Honor Society

RESEARCH EXPERIENCE

PUBLICATIONS

RESEARCH/ARTICLES

- El-Rashidy H, Navarro R, Fithian D. Evolving treatment of patellofemoral instability. A review of the American Board of Orthopedic Surgery Database. Pending completion and submission
- El-Rashidy H, Villacis D, Kelikian A. Fresh osteochondral allograft for the treatment of cartilage defects of the talus. *J Bone Joint Surg Am.* 2011; 9: 1634-1640
- Anastasiadis AG, Benson MC, El-Rashidy H, et al. Cavernous nerve graft reconstruction during radical prostatectomy or radical cystectomy: safe and technically feasible. *Prostate cancer and prostatic diseases* 2003; 6: 56-60

CHAPTERS

- Carney J, **Elrashidy H**, Fithian DF. Medial patellofemoral ligament reconstruction. In *Operative Techniques in Orthopedic Surgery*, 2nd edition, 2015. Lippincott Williams & Wilkins
- **Elrashidy H**, Saltzman M. Rheumatoid arthritis and surgery. IN *inPractice Rheumatology*. Tampa, FL: Elsevier 2013.
- Pocket Orthopedic Surgery – Lippincott Williams. Chapters include:
 - a) Shoulder Instability
 - b) Proximal and Distal Biceps Injury
 - c) Elbow Bursitis and Tendonitis
- **El-Rashidy H**, Vora A. Chapter 194: Lisfranc Fracture-Dislocations. Miller: Essential Orthopedics. Elsevier.

EDITORIAL REVIEW BOARDS

- Reviewer – Orthopedics
- Reviewer – Physician and Sports Medicine

LECTURES

- Pain Management in an Era of Bundled Payments, **Ortho Summit Meeting** – Las Vegas, NV – 2016
- Navigating Bundled Payments: Key Concepts – **California Society for Anesthesia** – Palo Alto, CA 2016

- Overuse Injuries for Athletes of All Ages – **Sports Performance Institute** – San Ramon, CA – 2016
- Shoulder Pain: What Every Patient Should Know – Stoneridge Retirement Community – Pleasanton, CA 2015
- Updates in the Treatment of Cartilage Injury - **St Mary and Elizabeth Medical Center Grand Rounds** – 2013 (CME)
- Diagnosis and Treatment of Patellofemoral Instability – **Athletico** - 2013
- Innovations in ACL reconstruction – **St Mary and Elizabeth Medical Center Grand Rounds** – 2013 (CME)
- Cartilage Injuries – Updates + Innovations in Treatment – **Lake County Orthopedic MSK Society** – 2012 (CME)
- Shoulder Injuries in the Throwing Athlete – **Trinity Community College** - Deerfield, IL - 2012
- Shoulder Pain – From Diagnosis to Treatment – **Athletico** - Grayslake, IL - 2012
- ACL Injury – Updates from the Literature – **Accelerated** – Libertyville, IL– 2012
- Knee Injury in the Workplace – **Work Comp Seminar** – Oak Brook, IL – 2012
- Shoulder Pain: What Every Patient Should Know – **Advocate Condell** – Libertyville, IL - 2012
- Shoulder Arthritis: Treatment Options – **Advocate Condell** – Libertyville, IL – 2012

TEAM COVERAGE

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| ➤ Dougherty Valley High School | 2014 - Present |
| ➤ Dublin High School | 2014 - 2016 |
| ➤ Regina-Dominican High School – Wilmette, IL | 2013 - 2014 |
| ➤ Zion-Benton Township – Zion, IL | 2012 - 2014 |
| ➤ Grant High School – Round Lake, IL | 2011 - 2012 |
| ➤ Libertyville High School – Libertyville, IL | 2011 - 2012 |
| ➤ Southwestern College – San Diego, CA | 2011 |
| ➤ Castle Park High School – Chula Vista, CA | 2011 |
| ➤ Chicago Blackhawks – Physicals and scrimmage coverage | 2010 |
| ➤ Chicago Public School System – Physicals and football coverage | 2006 - 2010 |